



General Instructions while taking Homoeopathic Treatment

Medicines as indicated in this handout should be taken if the symptoms mentioned against each medicine match those of the patient.

Medicine to be taken - 3 globules of size 40 every 3 hours dry on the tongue or in plain drinking water.

Medicine should be taken after cleaning the mouth and preferably in empty stomach.

If improvement occurs within 24 hours then medicine should be stopped.

If the patient does not improve within 24 hours or becomes worse at any time, then consult the nearest homoeopathic doctor.

Medicines must be kept away from strong smelling substances like camphor, menthol etc.

Medicines should be kept in a cool, dry place away from direct exposure to sunlight.

Medicines should be kept away from the reach of children.


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National Campaign
on Homoeopathy
for Mother and Child Care

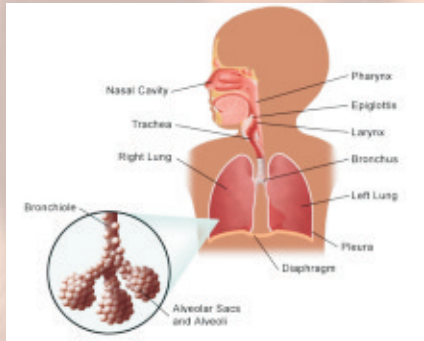
Homoeopathy for Acute Bronchitis in Children




Department of Ayurveda, Yoga &
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Ministry of Health and Family Welfare
Government of India


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Acute Bronchitis in Children



Acute bronchitis is the inflammation of the bronchial tree, leading to swelling and mucus formation in lungs resulting in cough, breathlessness and wheezing (whistling sound when you breathe).

What can Homoeopathy do?
Improves self defense mechanism of the body
No side-effects of medicines
Helps in reducing the severity of the attack

Following are some of the first line medicines for Acute Bronchitis but **it is advised that a qualified homoeopathic doctor should be consulted.**



Causes:

- Infection (mostly viral, rarely bacterial or fungal)
- Allergic response

Signs and Symptoms:

- Cough
- Chest feels tight with difficulty in breathing
- Sputum scanty, white and may be streaked with blood
- Sputum becomes yellowish, green and increases in quantity after 1-2 days
- High fever
- Loss of appetite

Do's and Don'ts:

- Keep the child away from air pollution, smoke, dust etc.
- Wash child's hands often to get rid of any viruses.



- Don't ignore the symptoms; taking incomplete treatment may lead to chronic bronchitis



Symptoms	Medicines
Onset of bronchitis due to exposure to dry, cold winds Constant pressure in chest Difficulty in breathing Noisy breathing Hoarse and dry cough Extreme restlessness with anxiety Increased thirst	Aconitum napellus 30
Dry cough with gagging and vomiting Gets worse after eating Difficult breathing Worse during movement but better at rest Child likes to drink large quantity of water often Irritability	Bryonia alba 30

Follow the instructions overleaf.

